Goodbye to Grosvenor Road

Welcome to Bosham

Opening in July

Memory Book

Highlighting 32 years of
St Wilfrid’s Grosvenor Road

St Wilfrid’s by
the numbers

stwh.co.uk
St Wilfrid’s began life as the shared dream of a conscientious and committed group of local doctors and others who passionately believed in the vision of Dame Cicely Saunders. The founder of the modern Hospice movement believed that people should be entitled to live life fully as possible to the end and then die with dignity.

Opening on 5th January 1987 with nine beds and caring for 120 patients at any one time, St Wilfrid’s primarily cared for those with terminal cancer. Today, around 280 are cared for at any one time with over 900 new referrals received a year, a quarter of them living with illness other than cancer. Most people are supported in their own homes, and our care extends to hospitals and care homes, as well as education of people working in all settings. As people live longer, we know the need for our services will continue to grow and develop in the future.

I vividly remember my first visit to St Wilfrid’s back in 1997, when I came to find out about the role of Director of Nursing; the warm and friendly welcome that continues to this day convinced me I really wanted to work here! I was delighted to get the job and since then I have been very proud to develop my role here and to lead the team as our services have grown and developed. Many things have changed, people have come and gone, but the special essence of what we do remains the same – finding out what matters to each and every person we support and doing our very best to make that happen. As we look to say goodbye to Grosvenor Road, of course I will feel sad and will reflect on my years spent here, alongside the rest of our fantastic team of staff and volunteers. Whilst looking back, I am really looking forward to moving into our new hospice and making the most of our wonderful new facilities – supported by our community to help those most in need. So many people have helped us reach this goal, so I would like to thank all the Trustees, staff, volunteers, supporters and contractors who have been a part of making our DREAMBUILDING become a reality.

Whilst the building work for your DREAMBUILDING is coming to an end, our work supporting people in our community towards the end of life care never will, so we urge everyone to remember we continue to rely on the community for our work to go on each and every year.

We know that the Hospice at Bosham will continue the legacy of Grosvenor Road, providing a home from home environment where patients and their loved ones receive the very best end of life care and support. We are so pleased and proud that we can now offer improved facilities for our patients and their loved ones. From Emsworth to the west, Arundel to the east and from south of the downs to the Selsey coast we are here to support you, whenever and wherever you need us.

We are delighted to announce that our new Hospice will be opening in early July; please check our website for updates.

We would like to take this opportunity to thank you all for your ongoing support.

Alison
Alison Moorey,
Chief Executive
St Wilfrid’s Hospice has come a long way since opening its doors 32 years ago, thanks to an ever growing cast of supporters, volunteers, donors and organisations. Here are just a handful of the many, many memories St Wilfrid’s has been honoured to share with patients, families and friends across the years...

Glitz, Glam and a Touch of Class!

Fundraising activities often take the form of the tough or the challenging – walks, runs or climbs in the face of the Great British Weather... others engender an added fear factor like throwing yourself out of a perfectly good plane or off a tall building! However sometimes our fundraising includes the glitzy and the glamorous with a touch or star quality! Here’s a few highlights...

Last summer’s magical Midsummer Night’s Dream Gala was held on the edge of the South Downs overlooking Boxgrove Priory. This glittering occasion featured music, dancing, a delicious menu and entertainment and raised over £100,000.

A Hospice’s Silver Ball at Goodwood House in November 2013 was a very special occasion, raising in excess of £70,000. Anniversary Patron and heart-throb of television soap Hollyoaks, Danny Mac, took to the stage with his girlfriend, actress and singer Carley Stenson, and delighted audiences with a selection of West End musical hits. The Hospice and PACSO (Parent and Carers Support Organisation) were joint beneficiaries at another ball, this time the Mayor of Chichester’s Charity Ball.

In the spring of 2016 Comedian Harry Hill and celebrity friends including Tim Vine and the legendary Pub Band, held a special comedy spectacular, in memory of their friend, Matt Bradstock-Smith, who was looked after by St Wilfrid’s before he died.

Local GP, Bernadette Marnell raised over £7,000 whilst having her head shaved by Gogglebox star Stephen Webb.

A final, glittering fundraising event marking the official end of the DREAMBUILDING campaign was held at Goodwood House on Thursday 7th March. The Dream Makers’ Ball was a sell-out VIP evening, which raised nearly £60,000, with local best-selling author Kate Mosse acting as Master of Ceremonies.
The Hospice relies on a wonderful Team of volunteers to help deliver its caring services. Volunteers’ roles are many and varied, here are a few examples of their outstanding work.

**Hospice volunteer Jean Volz** is a keen gardener, loves creating watercolour paintings and is also a poet with her second volume of poems sold in aid of St Wilfrid’s. Jean’s husband was cared for at the Hospice, and after he died in 2005, she found writing poetry was a way of helping her through her loss.

In 2014 **Patient Care Volunteer, Mike Jelley** designed and created a new altar for the Hospice Chapel. This amazing piece of art work incorporates metal work to enhance the beautiful stained glass windows. In addition, visitors to the quiet area near the Chapel enjoy works of art created by patients with help from students at the University of Chichester. The project was coordinated by volunteer **Creative Arts Tutor, Vivienne Goodridge**, with the idea being to brighten up what was an empty wall.

St Wilfrid’s teamed up with **Kagando Hospital, Uganda** by providing them with surplus medical supplies such as bandages and dressings which are scarce in the region. The link came via **David Vallance**, one of our volunteer drivers who travelled to Uganda twice a year with his wife Ann, a doctor involved with the hospital’s Mobile Community Hospice, visiting patients in their own homes, very often in remote villages.

And sometimes our volunteers get a special treat themselves! For example in June 2013 it was the turn of volunteers **Pauline Bloodworth, Pam Evans, Alice Snel and Jill Trim** to be treated like royalty when they attended a Royal Garden Party at Buckingham Palace. As the event coincided with Volunteers’ Week, **Saint Raphael’s Hospice** in Sutton invited a group of our volunteers along for a special tea party to meet and share experiences.
Our Retail Teams, both staff and volunteers, work hard to help raise the funds needed to ensure the Hospice continues its vital work, and occasionally come across something special in terms of donations and subsequent sales.

Uplifting Upcycling

When Carrie Wilson-Watson moved to Chichester to set up a luxury bed and breakfast in May 2013, her first thought was, where would she find good some good quality, unique furniture on a budget?

She quickly discovered St Wilfrid’s Hospice’s furniture shops. With her innate sense for a ‘good find’ and her creative flair, Carrie has since purchased dozens of items and ‘upcycled’ them to create some amazing one-off pieces. She has also bought many decorative nicknacks and items of kitchenalia!

An Unlikely Online Money-Spinner

One of the most unlikely items to generate an impressive online resale value was an English Country Homes book sold on our Amazon store. At first glance it didn’t look that valuable, but it brought in an impressive £175! Similarly, a vintage Isle of Wight perfume bottle sold on our eBay site for over £250.

For both the eBay and Amazon stores, many items end up selling for more than expected. Items that perhaps wouldn’t sell for as much in store, find a far greater value online as the coverage is so much greater.

A Vintage Wedding Dress Donation – Autumn 2014

In the autumn of 2014 we were given the most beautiful textured satin 1940s wedding dress. The dress belonged to the donor’s mother, who was married in April 1946. During the war she taught music at Maidenhead Girls School. As part of her leaving present the girls brought in clothes coupons so that she could buy a wedding dress, bridesmaid dresses and going away outfit.

And Finally – The Truly Exceptional!

To help value unusual items, we have been very lucky to call upon the services of Mark Hewitt from Strides Auctioneers, a Patron of the Hospice. He regularly visits our shops to identify any items of special interest or value, and then he will take them to auction for us. A very valuable donated item was an India General Service medal which raised a fantastic £820 at auction.

The Chalcroft Furniture Outlet opened in January 2017. One of the highest value items they sold was an Ercol wall unit for £890!

And to ‘end’ it all in January 2015 we sold a vintage enema kit!
At St Wilfrid’s one of the things we do which means a great deal is to allow pets on the ward. You will often see dogs and cats bringing a great deal of happiness to patients, their families, friends and staff alike, but other furred and feathered animals have also put in an appearance over the years – there was even a horse in the garden one day!

The ‘Horse on a House Call’ popped in last spring. Lady was the beloved companion of in-patient Avril Sirett whose passion for horses had begun in childhood. Avril’s daughter Tara knew that Avril was desperate to see her horse, so one day Avril’s bed was moved to the window and after a short time Lady’s head appeared through the opening! It was a very special moment, not just for Avril, but for her family and friends who understood how much Avril’s life and work had been wrapped up in her horses and the horse-riding world.

In the autumn of 2015, just when the Hospice staff had thought they’d seen every type of dog there ever was…. they met Beau and Dude! Beau is a commonplace black Labrador but Dude is a Leonberger, a breed of mountain dog originally from Germany. They have a double coat of fur and a fully grown male can weigh over 12 stone! Dude was only a puppy but he was still pretty huge. The dogs’ owners were visiting an inpatient patient but also agreed to take the dogs to the Safe Haven bereavement group meeting in the Day Hospice – where they brought smiles to many faces.

So from dogs and cats, to horses and even llamas, the Team at St Wilfrid’s always tries to go the ‘extra smile’ for the patients in its care.
How we made a difference to local lives in 2017/18

510 volunteers helped in 30 different roles across the Hospice services and shops donating over 80,000 hours of their time.

Our 12 shops and e-commerce team processed 300,000 sales. E-commerce income was up 11% on last year.

We had 950 visits to our Day Hospice by patients.

“['Our visitors can access professional advice, information, therapeutic groups and creative workshops. It’s lovely to see how our services help both the patient and their families.”

The new Hospice at Bosham is 48,150 square feet, that’s over twice the size of the Grosvenor Road site.

24% of patients had an illness other than cancer.

25 trained Family Support volunteers provided emotional support for hundreds of patients and their family members.

Your Furry Friends

We received visits from patient’s pets and the volunteer therapy dogs – we’ve had dogs, llamas, budgies, horses and a small parliament of owls.

We shared best practice with 1,087 students who attended one of the 40 courses we offer in health and social care.

100% of students rated courses Excellent or Good.

8 complementary therapists provided hundreds of treatments for patients and their families, at the Hospice and in the community.

stwh.co.uk | Annual report
Forty years ago, when I was a newly qualified doctor, I realised that no-one really knew how best to treat dying patients. I remember my feelings of shock and sadness while witnessing a patient dying of cancer, being vigorously resuscitated by a team of doctors including me, while the relatives sat in another room with no idea what was going on, separated from their loved one in the last few rather undignified minutes. How wonderful it is now that patients are cared for by St Wilfrid’s and have a dignified death.

Sandra Sedgwick, Founder Trustee, Vice President

In 1981, St Wilfrid’s Hospice (South Coast) Limited was formed to raise money to build a hospice for the provision of care for those terminally ill with cancer.

After an amazing fundraising effort, mainly driven by the then 20 local Support Groups, the dream of building a hospice turned into reality and St Wilfrid’s opened its doors in January 1987 - on time, to budget and with no outstanding debts. Little did we realise at that time that the acorn we planted would grow into today’s mature and very healthy oak tree.

Christopher Bateman
Founder Trustee, Vice President

My mother, Gwen Hammond, was the first patient at St Wilfrid’s and when she arrived, the nurses were still unpacking the crockery! However, the care and kindness she and the family received, could not be faulted.

Mrs E J Stoner

In January 1987 we admitted our first two patients in January; I remember them both and guess I always will. As our knowledge grew so did our reputation and our beds were seldom empty, we also had lots of laughter alongside the tears. All of the staff were actively involved in fundraising & we were able to witness the wonderful generosity of the community we served.

Sue Allen, Former Sister

I’ve been involved with St Wilfrid’s since the beginning. I was, and still am a Ward Volunteer, making sure the patients have all they need. I really remember the first Matron, Pat Camilleri - she was absolutely super, so warm and motherly. Pat really set the high standards at St Wilfrid’s, both on the clinical side and the caring, compassionate side.

Elizabeth O’Hea, Volunteer

I really can’t believe it’s been 32 years since I came to work at St Wilfrid’s. I remember walking around with Matron Pat after my interview and thinking to myself, I could make something of this! Before we opened we were so busy getting things ready, ironing curtains, unpacking furniture – it was all so exciting. The past 30 years have flown by and now we can look forward to the future with our new Hospice.

Gloria Smith, Housekeeping Manager
In the early days our mascot was Gregory the Gorilla. He could often be seen around the local area helping with fundraising. We also took him to the London Marathon each year; Gregory sat in a wheelchair while we rattled collection tins amongst the crowds.

I will never forget the day St Wilfrid’s was officially opened by the Duchess of Kent. It was a super day with policemen everywhere. Everything was going smoothly until the sniffer dog jumped up onto the table which was being laid for tea with the Duchess – Matron Pat hit the roof and left the policemen shaking in their boots!

*June Fellows, Housekeeper*

My first volunteer role was to answer the phones - what a disaster! After losing calls and cutting people off, I was quickly moved to the ward, which is where I wanted to be anyway. Things quickly improved and here I am still, 30 years later!

In those early days volunteers were often asked to do more practical jobs like making beds and making supper for the patients. One memorable evening I was tasked with cooking poached eggs for everyone but without the use of an egg poacher, just a vast saucepan of boiling water. About 24 eggs later, Matron Pat came down to chase up supper, to find me struggling...she took over, cooked the eggs and supper went up to the ward – not only a wonderful nurse but also an excellent egg poacher!

*Sally Macleay, Volunteer*

In those final days they dry shampooed her hair, changed sheets, dressed her and propped up Jean’s pillows so she could rest more comfortably.

*Bev’s sister Sharon remembers:*

Having St Wilfrid’s those last two days made all the difference. We can actually remember our last shared laugh with Mum - it’s those simple little moments that take you back and you can cherish ever afterward.

*Felpham Supporter Group*

Felpham Supporter Group started when a group of 8 ladies, who met on a regular basis to chat, drink tea and make crafts, saw an advert to ‘buy a brick’ and decided to raise money for the Hospice – I joined the group a little later in 1993. Sadly, most of the founder members of the group have died, but Mrs Pamela Tate, one of the founder members, is still extremely supportive to this very day!

*Peggy Gumbrell, Felpham Supporter Group*

Dying with dignity - Patient Jean Peskett’s story

From the first meeting we knew St Wilfrid’s got it - it was a breath of fresh air from before, they really cared about our Mum’s dignity and quality of life. They were our angels in disguise.

*Bev Tune, Jean’s daughter* 

Within just a few hours or Jean’s referral, two St Wilfrid’s Hospice nurses had visited and put together a tailored support plan for Jean’s well-being. In those final days they dry shampooed her hair, changed sheets, dressed her and propped up Jean’s pillows so she could rest more comfortably.

*Bev’s sister Sharon remembers:* 

Having St Wilfrid’s those last two days made all the difference. We can actually remember our last shared laugh with Mum - it’s those simple little moments that take you back and you can cherish ever afterward.
Helping you, helping others

A staggering 60 per cent of the UK population do not have a Will in place. But we really hope that you, our supporters, will take a few moments to read about the importance of a Will for you and your family and friends.

Without a valid Will intestacy laws dictate how your Estate (everything you own) is distributed. In these circumstances, if you are unmarried and there are no surviving family members, your Estate could pass to the Crown (the Government).

Wills start from £150 upward. The cost of your Will can vary depending on the Solicitor firm used so we recommend that you compare both cost and the service and strongly advise against a DIY Will. Our annual Make A Will Fortnight scheme (3-14 June) enables you to receive the services of a participating solicitor free of charge and instead give a suggested donation to the Hospice.

A will can be updated at any time to reflect your wishes. You may wish to consider care plans for dependent children and pets for example. You may have people in mind now but their future situation could change so it’s always best to record more than one option where possible.

A Will also allows you to continue to support your favourite charity. Gifts in Wills of any size are truly appreciated but, of course, any charity would want you to ensure your loved ones are provided for first. Without this generous support we quite simply would not be able to meet the demand of our services – gifts left in Wills to the Hospice continue to be a vital income source as we seek to raise over £7.7 million every year. A gift to charity is exempt of tax.

By donating in this way it means that you can help your favourite charities to continue their work whilst costing nothing in your lifetime. Your wishes are not legally binding so if your circumstances or wishes change then your Will can be amended; we also do not need to be informed of your intentions to do so.

When Heather was in the Hospice she said ‘I wish this place had been here for my mother, I’m one of the lucky ones’. I’ve thought about these words many times in the years since she died. I can’t do anything for Heather now but I know she would wish those who are terminally ill to become ‘lucky ones’ and receive the comfort and care of St Wilfrid’s Hospice.

So by leaving a gift in my Will to the Hospice the money released, when the time comes, will hopefully fulfil Heather’s wish, help the Hospice in continuing its work and help me.

Roger Champion, Friend of St Wilfrid’s Hospice
What can I leave?

There are three main ways that you can leave a gift to charity and your solicitor will be able to provide you with the correct wording for your Will:

1. **A percentage of your estate (residuary gift)**
   This is the remainder after all other gifts and debts have been paid. This way of giving ensures that those you care about are catered for first and the remainder can be left to causes that are important to you.

2. **A cash sum (pecuniary gift)**
   A fixed sum of cash, however please note that over the years a fixed sum can decrease in value as the cost of living increases.

3. **A specific item of value – for example, jewellery, a painting or furniture**
   You may have a specific item of value that you may like to leave as a gift. Items such as this would be sold at the best possible price and the funds raised will go towards running our services.

Details you will need for your Will

To ensure that your gift reaches the Hospice without any difficulty your solicitor will need the following details:

**Hospice address:**
St Wilfrid’s Hospice
Grosvenor Road
Chichester
West Sussex
PO19 8FP

**Our Registered Charity Number:**
281963

Find out more

If you would like more information about leaving a gift to St Wilfrid’s Hospice in your Will or ‘Make A Will Fortnight’ please call Marcia Nyguyen, Individuals Fundraising Manager, on 01243 755837.

Participating solicitors

Please contact any of these local law firms directly to make your appointment:

- **Helen Gagan Solicitors**
  Felpham Chambers
  60 Felpham Road
  Felpham
  BOGNOR REGIS
  PO22 7NZ
  Tel: 01243 867330
  Contact: Helen Gagan

- **Hobbs Law LLP**
  21 Tennyson Road
  Aldwick
  BOGNOR REGIS
  PO22 5SB
  Tel: 01243 882895
  Contact: Louise Hobbs

- **SMR Solicitors**
  1 The Precinct
  West Meads
  BOGNOR REGIS
  PO21 5SB
  Tel: 01243 860323
  Contact: Crystal Clark

- **Andersen Rowntree**
  Avenue House
  Southgate
  CHICHESTER
  PO19 1ES
  Tel: 01243 787899
  Contact: Laura Colville

- **George Ide LLP**
  52 North Street
  CHICHESTER
  PO19 1NQ
  Tel: 01243 786668
  Contact: Ursula Watt, Jan Conrad & Leanne McGauley

- **Irwin Mitchell**
  Thomas Eggar House
  Friary Lane
  CHICHESTER
  PO19 1UF
  Tel: 01243 768111
  Contact: Judy Watson, Ruth Wallis & Catherine Angel

Appointments are limited from Monday 3rd June to Friday 14th June

Participating firms are supporting this scheme in order to raise funds for St Wilfrid’s work. Rather than paying legal fees for a new or amended Will, they will ask that you make a donation at your appointment to support our work with terminally-ill local people and their loved ones. We suggest a minimum donation of £100 for a Codicil, £150 for an individual Will or £250 for Mirror Wills (couple), however some participating firms’ usual fees will be higher and they may encourage you to use these as a guide for your donation.

Please note: this is not a ‘free Will’ scheme.
Open tours of new Hospice!

We are delighted to announce that our new Hospice will be opening in early July; please check our website for updates.

The new Hospice has larger patient rooms, each with smart bed technology for optimum comfort and safety. Private family areas and a chapel for personal reflection. A Living Well Centre offering therapeutic and social activities to boost wellbeing and enable visitors to live independently for longer. There will also be a publicly available volunteer-run café for visitors to enjoy.

Join us on an exclusive tour of our exciting new purpose built home and find out all about the incredible work that St Wilfrid’s does. During your visit you will be able to meet staff, ask questions and get advice about the care and support we offer.

We are so pleased and proud that we can now offer more privacy and dignity to patients, as well as facilities designed specifically for families. Our new purpose built home will enable staff to care for our patients both at the hospice and out in the community where the majority of our service is delivered for many more years to come.

Alison Moorey, Chief Executive
St Wilfrid’s Hospice

To see the future of care in the community sign up to our tours in August and September here: stwh.co.uk/opentours

Alternatively contact 01243 755184