



St Wilfrid's Hospice

Making a difference to local lives



Thank you for registering to take part in our first family friendly inflatable fun run!

Please try to raise as much as you can for your local Hospice.

Publicity- there's no such thing as bad publicity! An article in your work newsletter or on the Intranet maybe even a post on Facebook is a great way to tell everyone you're taking part and raising sponsorship. It may well encourage them to sponsor you

Imagination! you don't just have to fundraise through your sponsorship form. Why not make some tasty goodies to sell - and have a coffee morning with friends

Rally the Troops - Why not encourage your friends to join you - you can fundraise together and help each other along the way

Ask all your sponsors who pay tax to complete their details and tick the Gift Aid box on your sponsorship form so we can claim an extra 25p for every pound they donate

Take time to set up an online fundraising page - visit everydayhero.co.uk/event/?????? to get started

Exercise - if you haven't done any before do start now and, if necessary, check with your doctor before taking part

Friends & Family - list the people you'd like to ask to sponsor you and then tick them off once you have

Understand the cause - find out more about us at www.stwh.co.uk so you can enthuse people about our work and encourage them to donate

Now have fun and help us raise as much money as possible which will go towards patient care